



Model of Human Occupation

Archived List Serv Discussion

Assessments for young people with mental health problems

Date: Mon, July 24, 2006 4:58 am

hiya folks,

i have recently started working with adolescents (14-18yrs) with non-psychotic mental health problems. The OSA has already been used for some time as an initial assessment in the unit. I would like to introduce another initial assessment to complement this by providing observational functional information and I have been thinking about using the MOHOST.

Does any one have any experience of using the OSA and MOHOST together with this client group?

Does any one have any other suggestions for an assessment to complement the MOHOST?

Cheers for any help!

Sarah

July 26, 2006 11:10 pm

Hi all,

I am Nizar, a final year Occupational Therapy student from Singapore.

Understanding that MOHO does take into consideration the impact of the environment on a person's occupational performance, and knowing that there exists assessments like the WEIS, I was just wondering if there were other more *specific assessments* that anyone here on the list can recommend to *assess the accessibility of the environment for individuals with various impairments (visual, mobility, hearing, etc).* The assessments can be qualitative or quantitative in nature. While it would help if the assessment were based on the MOHO model, any other assessments that I could make references to will be much appreciated.

Many thanks in advance,

Md Nizar

July 27, 2006 1:25 am

Hi Sarah,

The MOHOST could well complement the OSA. The OSA measures an individual's perception of their abilities whereas the MOHOST documents the therapist's analysis. I think it's worth getting both these angles covered before moving on to more specific assessments (such as the VQ and ACIS)

I used to regularly use the OCAIRS and the MOHOST as my main assessments. I'd use the OCAIRS as the initial interview but the MOHOST at repeat intervals thereafter. The OSA can also be used at repeat intervals, but the MOHOST is quicker so might free up some time.

If you want an alternative initial assessment, then the MOHOST requires you to get to know your client so it's rarely used on first contact unless the admission procedure is incredibly thorough. And if the OSA is working well, then I probably wouldn't use the OCAIRS, but I'd consider using the interest checklist. It's not standardized but it can lead to a wealth of information and it's less demanding than the OSA. You may want to consider adding a few interests that are typical for your clients in order to make it fit well.

Good luck,

Sue Parkinson

August 3, 2006 6:22 pm

Hello Nizar!

The MOHOST and SCOPE have sections that assess the impact of the environment on an individual's participation- MOHOST is used with persons over 18, and can be purchased on the website. The SCOPE is for children and youth ages 0-21, and is in development. If you are interested in receiving a copy, please contact me directly and I can put you in touch with Dr. Bowyer, conducting the research.

In addition, for students, there is an assessment of student- environment fit called the School Setting Interview, which is excellent. This can also be found on our website, as well as through the Swedish OT Association.

Best-

Jessica

August 14, 2006 10:56 pm

Just to add that we (at UIC) are hoping to create an environmental scale that will be conceptualized within the MOHO framework and will apply across a number of settings and with a variety of people. Of course, this will take a while, but hopefully we will get there eventually.

In the meantime, depending on your situation, there are a number of non-MOHO tools that are environmental assessments of barriers for people with disabilities. One is the Barrier Removal checklist, it can probably be found on the Americans with Disabilities website at www.usdoj.gov/crt/ada/racheck.pdf There may be other helpful resources for you there as well, if you go to www.ada.gov and look for publications or resources. It is very straightforward, primarily focused on physical and sensory concerns, not MOHO related, but relevant. Gail