July 16, 2010

I am currently writing a case study with a psychiatrist that illustrates use of the MOHOST and a mindfulness-based approach for a brief OT intervention in an inpatient psychiatric setting. The client had a significant resolution of non-epileptic seizures, dissociative and depressive symptoms following a one week hospitalization, which included targeted group and individual work with an Occupational Therapist. During the hospitalization there were not changes to the patient's medications. Do people have suggestions of where I might seek publication of such a case study?

July 16, 2010

Hi James,

I am a Mental Health OT working in Queensland, Australia.

Although my journal publication experience was 17 years ago in non-OT field. My thoughts on this are to try getting it published in a Psychiatry or Medical Journal first. Perhaps there are components of the case study that you could publish in an OT journal, e.g. therapeutic alliance, rapport and the administration process of the assessment pre and post and specific aspects of the patients occupational functioning that were targeted and how you worked collaboratively with the patient to facilitate discharge planning process, life roles (or lack of) and impact. These specifics rather than the bigger picture aspect of the excellent work you did. I would target the more global concepts and benefits to the Psychiatry/Med journal and include there a brief synopsis of what occupational therapy role is in MH context, then go into the work you did in partnership with the patient, psychiatrist and treating team to facilitate discharge and advocating for OTs within Inpt Units. If you have any university contacts, ask them, or if their specialty revolves around the MOHO, perhaps invite them to co-author as a last author. Sometimes co-authoring with an expert in the field is not just collaborative and great for everyone’s learning, but also gets you publication acceptance!!

What do others think???

Kind Regards,

Rosie Bruce
July 19, 2010

Hello

I don’t have any suggestions of where to seek publication but I would be extremely interested in reading it as MOHOST and Mindfulness are both areas we are exploring in acute adult mental health.

Regards

Lynette Hibbert